# **RHUS TOX**

Rhus toxicodendron: Poison Ivv

Chicken pox Most common remedy for chicken pox with persistent itching of blisters. Large blisters.

Flu

Restlessness with aching and

stiffness in muscles.

With weakness and exhaustion. Heat alternating with chills. Worse for being uncovered.

Rheumatic complaints Flare up of joint pains in cold, damp weather.

Mumps Important remedy for mumps. Glands swollen and painful.



Sprained muscles With stiffness and trembling. Give after Arnica when swelling and bruising has reduced.

Strained muscles From over doing it: worse for getting up after rest but eases off after gentle movement (whereas Arnica stays sore).

Sore throat Dry, tickling sore throat with hoarseness of voice. From over straining voice.

# **GENERAL SYMPTOMS**

Should apply to all conditions.

### Sensations:

Stiffness, freeze up. Like a 'creaking gate'. Pains: pressing, sore, burning, bruised.

#### Modalities:

Worse for cold and damp: Worse for first movement but 'frees up' after moving around for a while. Better for warm applications, warmth of bed.

### **Emotional symptoms:**

Restlessnesscan't keep still, tosses and turns. Irritable. Fearful and anxious at night.

Appearance: Tongue with red triangle at tip.